



OKLAHOMA WOMEN'S GYMNASTICS

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DATE	OPPONENT	TIME/RESULTS
Friday, Jan. 9	@No. 3 Florida	L (196.500-195.075)
Saturday, Jan. 17	@Texas Woman's	7 p.m.
Monday, Jan. 26	Arkansas	6 p.m.
Friday, Jan. 30	Minnesota	7 p.m.
Sunday, Feb. 8	@Nebraska	2 p.m.
Saturday, Feb. 14	@Denver	7 p.m.
Friday, Feb. 20	Brown/Missouri/W. Va.	7 p.m.
Friday, Feb. 27	@Iowa State	7 p.m.
Friday, March 6	TWU/Illinois State	7 p.m.
Friday, March 13	@Alabama/with UNC	7:30 p.m.
Saturday, March 21	@Big 12 Championships*	2 p.m.
Saturday, April 4	@NCAA Regional Champ.	TBA
April 17-19	@NCAA Championships**	TBA

* — CONTESTED IN AMES, IOWA

** — TO BE HELD IN LINCOLN, NEBRASKA

TIMES ARE CENTRAL AND SUBJECT TO CHANGE

ALL HOME MEETS ARE AT THE LLOYD NOBLE CENTER

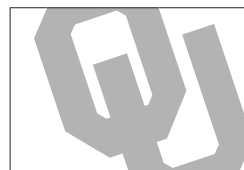
SATURDAY, JAN. 17 | 7:00 P.M. (CT) | KITTY MAGEE ARENA | DENTON, TEXAS



TWU PIONEERS (0-0)

2008 FINAL RQS RANKINGS
Team: 193.370 (41st)
Vault: 48.540 (42nd) | Bars: 48.460 (41st)
Beam: 48.525 (34th) | Floor: 48.520 (46th)

VERSUS



NO. 9 OKLAHOMA SOONERS (0-1)

2009 TROESTER RANKINGS
Team: 195.075 (Ninth)
Vault: 48.925 (Ninth) | Bars: 48.725 (13th)
Beam: 48.925 (Eighth) | Floor: 48.500 (21st)

NO. 9 OKLAHOMA MAKES SHORT TRIP SOUTHBOUND FOR MEETING WITH TWU

The ninth-ranked OU women's gymnastics squad returns to action against Texas Woman's University on Saturday, Jan. 17 in Denton, Texas. The Sooners and Pioneers face off at 7 p.m. (CT) inside Kitty Magee Arena on the TWU campus.

Oklahoma enters the dual meet off the heels of a 196.500-195.025 loss at now-No. 1 Florida on Jan. 9 in its season opener. The Sooners recorded runner-up individual finishes on three of the four events in the defeat, including a second-place finish on bars for freshman Megan Ferguson (9.85), in her first collegiate routine.

Haley DeProspero (beam-9.875) and Ashley Jackson (vault-9.825) also earned silvers in last weekend's meet against Florida. Jackson placed third in the all-around in OU's season opener to All-Americans Melanie Sinclair and Corey Hartung of UF.

OPPONENT PREVIEW

TWU's matchup with Oklahoma marks its season opener as the Pioneers enter Saturday's contest as the reigning USAG Collegiate National Champions. The 2008 season marked the ninth time under Frank Kudlac that TWU has won the national crown (fourth time since 2000). Kudlac enters his 31st season at the helm of the Pioneers' program in 2009 and has led the program since the sport's inception at TWU in 1978 as a club sport.

Mollie Blessing returns for her sophomore campaign after leading the Pioneers on vault in '08 with a RQS of 9.765. On bars, TWU lost two-time USAG bars national champion Courtney Arno-Templet to graduation, but returns Amanda Walker who finished fifth in the USAG with a season RQS ranking on the apparatus of 9.750.

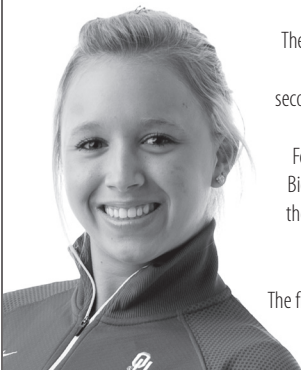
Arno-Templet also led all USAG gymnasts on beam a year ago (9.845), but sophomore Kristie Costa looks to be a strong replacement in 2009 after finishing fifth in the season rankings a year ago.

On floor, the Pioneers will look to senior co-captain Amy Boles. The Snellville, Ga., native paced TWU a year ago with a RQS of 9.815 (second-best among all USAG gymnasts).

Fellow seniors Brista Michael and Brittany Parker join Boles as captains of the 2009 TWU squad.



gymnast to watch: Megan Ferguson



The Olathe, Kan., native posted a 9.85 on bars in her first collegiate routine en route to a second-place finish against now-No. 1 Florida.

Ferguson's bars score was the highest of any Big 12 gymnast and tied for the best mark in the South Central Region during the first two weeks of competition.

The freshman gymnast also competed on beam and floor in OU's season opener at Florida.



The official site of OU Athletics supplies Sooner fans worldwide with the latest news and features on Oklahoma athletics direct from Norman. The site provides the latest press releases, rosters, bios, schedules, statistics, notes, quotes, athlete blogs, photo galleries and audio and video available to both Sooner fans and the media.

NAME	HEIGHT	YEAR	HOMETOWN (HIGH SCHOOL)	CLUB	PRONUNCIATION
Cindell, Candace	5-5	So.	Frisco, Texas (Frisco HS)	Kurt Thomas Gymnastics	sin-DELL
DeProspero, Haley	5-0	Sr.	Van Alstyne, Texas (Plano Christian Academy)	University of Gymnastics	dee-PROSS-per-oh
Ferguson, Megan	4-11	Fr.	Olathe, Kan. (Blue Valley HS)	Eagles Gymnastics	
Flanery, Jacqueline	5-5	Jr.	Plattsburg, Mo. (Plattsburg HS)	Eagles Gymnastics	
Jackson, Ashley	5-1	Sr.	Hudsonville, Mich. (East Kentwood HS)	Geddard's Twisters	
Kelley, Natasha	5-4	Fr.	Katy, Texas (Home schooled)	Cypress Academy	
Kinder, Jessica	5-2	Sr.	Kansas City, Mo. (Raytown HS)	Best Gymnastics	KIN-der
Kramer, Julie	5-2	Jr.	Uvalde, Texas (Baylor Univ. / Uvalde HS)	Acrotex Gymnastics	
Lesko, Gina	5-3	Sr.	Allen, Texas (Allen HS)	University of Gymnastics	
Mantle, Mary	5-4	Jr.	Ft. Collins, Colo. (Rocky Mountain HS)	GK Gymnastics	
Ratcliff, Natalie	5-5	So.	Overland Park, Kan. (Blue Valley Northwest HS)	GAGE	
Root, Melanie	5-3	So.	Cartersville, Ga. (Cartersville HS)	Cartersville Twisters	
Smith, Kristin	5-3	Jr.	Oklahoma City, Okla. (Putnam City HS)	Dynamo Gymnastics	
Stone, Sara	5-4	Fr.	Dallas, Texas (Spring Creek Academy)	Metroplex Gymnastics	
Vise, Hollie	5-5	Jr.	Dallas, Texas (Spring Creek Academy)	WOGA	VICE
Wagner, Hailey	5-2	Fr.	Tulsa, Okla. (Metro Christian Academy)	Jenks Gymnastics	HAY-lee

OKLAHOMA COACHING STAFF

Head Coach: K.J. Kindler, Third Year **Assistant Coaches:** Lou Ball, Third Year | Tom Haley, Third Year



CANDACE CINDELL



HALEY DEPROSPERO



MEGAN FERGUSON



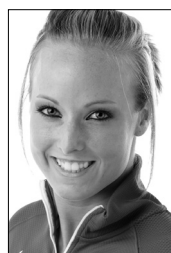
JACKIE FLANERY



ASHLEY JACKSON



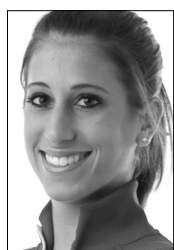
NATASHA KELLEY



JESSICA KINDER



JULIE KRAMER



GINA LESKO



MARY MANTLE



NATALIE RATCLIFF



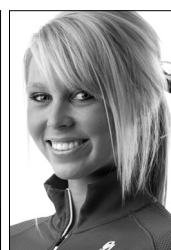
MELANIE ROOT



KRISTIN SMITH



SARA STONE



HOLLIE VISE



HAILEY WAGNER

GENERAL INFORMATION

Location	Norman, Okla.
Enrollment	29,721
Founded	1890
President	David L. Boren
VP/Athletics Director	Joe Castiglione
Nickname	Sooners
Colors	Crimson & Cream
Conference	Big 12
Arena	Lloyd Noble Center
Capacity	12,000
OU's All-Time Record	389-195-1 (.666)

TEAM INFORMATION

2008 Overall Record	28-8-1 (.777)
High Score	196.750
Big 12 Finish	First
NCAA Finish	Eighth
Letterwinners Returning/Lost	11/3
All-Americans Returning/Lost	0/2

COACHING STAFF

Head Coach	K.J. Kindler
Year	Third Season
Alma Mater	Iowa State, 1992
Record at OU	49-16-1
Career Record	128-56-2
Assistant Coach	Lou Ball
Year	Third Season
Alma Mater	Iowa State, 1999
Assistant Coach	Tom Haley
Year	Third Season

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PRACTICE POLICY

Practices are held at the Sam Viersen Center, directly north and across the street (Imhoff) from the Lloyd Noble Center. Practices are typically open to media. However, those who wish to attend must obtain clearance through Phillip Rogers in the Media Relations Office prior to the start of practice. Practice generally runs from 10:30 p.m. to 2:30 p.m. The best time to conduct interviews is immediately following practice.

CREDENTIAL REQUESTS

Media credentials for home contests at the Lloyd Noble Center should be requested no later than one day prior to the event. All requests should be directed to Phillip Rogers in the Media Relations Office at (405) 325-8413 or by e-mail to philliprogers@ou.edu.

POST-MEET INFORMATION

Post-meet interviews will take place on the main floor of the Lloyd Noble Center after head coach K.J. Kindler dismisses her athletes. Official score sheets will be available at the scorer's table.

MEDIA INTERVIEWS

Non-postmeet interview requests for athletes and coaches must be arranged through Phillip Rogers in the Media Relations Office. All requests should be submitted at least one day in advance of the desired interview time.

2009 MARCH-IN ORDER

NAME	CLASS	HOMETOWN	PRONUNCIATION
1. Megan Ferguson	Fr.	Olathe, Kan.	
2. Natasha Kelley	Fr.	Katy, Texas	
3. Sara Stone	Fr.	Dallas, Texas	
4. Hailey Wagner	Fr.	Tulsa, Okla.	
5. Candace Cindell	So.	Frisco, Texas	sin-DELL
6. Natalie Ratcliff	So.	Overland Park, Kan.	
7. Melanie Root	So.	Cartersville, Ga.	
8. Jackie Flanery	Jr.	Plattsburg, Mo.	
9. Julie Kramer	Jr.	Uvalde, Texas	
10. Mary Mantle	Jr.	Bellvue, Colo.	
11. Kristin Smith	Jr.	Oklahoma City, Okla.	
12. Hollie Vise	Jr.	Dallas, Texas	VICE
13. Haley DeProspero	Sr.	McKinney, Texas	dee-PROSS-per-oh
14. Ashley Jackson	Sr.	Hudsonville, Mich.	
15. Jessica Kinder	Sr.	Kansas City, Mo.	KIN-der
16. Gina Lesko	Sr.	Allen, Texas	

COACHING STAFF

K.J. Kindler	Head Coach (Third Year)
Lou Ball	Assistant Coach (Third Year)
Tom Haley	Assistant Coach (Third Year)

2009 GYMINFO POLL

RANK	TEAM	AVERAGE	REGION	HIGH SCORE
1	Florida	196.500	SE	196.500
2	Utah	196.175	NC	196.175
3	UCLA	196.075	W	196.075
4	Auburn	196.012	C	196.375
5	Arkansas	195.775	SC	195.775
6	Alabama	195.675	C	195.675
7	Stanford	195.600	W	195.600
8	Georgia	195.425	SE	195.425
9	OKLAHOMA	195.075	SC	195.075
10	Missouri	195.050	SC	195.050
11	Penn State	194.800	NE	194.800
12	Ohio State	194.625	C	194.625
13	Oregon State	194.562	W	194.575
14	LSU	194.537	C	194.900
15	Minnesota	194.375	NC	194.375
16	Nebraska	194.125	SC	194.125
17	Denver	194.087	NC	194.350
18	West Virginia	194.075	SE	194.075
19	Illinois	193.950	SC	193.950
20	Illinois-Chicago	193.850	SC	193.850
21	Boise State	193.700	W	193.700
22	Northern Illinois	193.450	SC	193.450
23	San Jose State	193.300	W	193.300
24	Iowa State	193.175	NC	193.175
25	North Carolina State	192.675	SE	192.675

BOLD - OU's regular season opponents

January 12th to February 9th, 2009 - Weekly Ranking by Total Season Average
Starting February 16th, 2009 - Ranking by Regional Qualifying Score

REGULAR SEASON SENSATIONS

Oklahoma has won 31 of its last 33 regular-season matchups dating back to Jan. 19, 2007. Prior to OU's season-opening defeat at Florida, the Sooners' last regular season loss was to Stanford on March 9, 2007 in Palo Alto, Calif.

FIRST TIME HOME

OU opens its home campaign on Monday, Jan. 26, against SEC foe Arkansas. The Sooners edged the Lady Backs 196.750- 196.625 last season in Fayetteville, despite a program-tying high score from the home team. The two squads also squared off in the opening session of the NCAA Championships in April, as the Sooners defeated Arkansas 196.075-195.825.

BARS STARS

The Sooner' bars lineup at Florida included three gymnasts making their collegiate debut on the apparatus (Megan Ferguson, Jessica Kinder and Melanie Root). The trio went three-for-three including a second-place finish by Ferguson, who scored a 9.85 in her first collegiate routine. Kinder hit a 9.725, while Root finished with a 9.625.

A LOOK BACK AT FLORIDA

The No. 10 University of Oklahoma women's gymnastics squad dropped a season-opening dual meet to the third-ranked Florida Gators by a score of 196.500-195.075 in front of a Stephen O'Connell Center crowd of 4,856 in Gainesville, Fla., on Jan 9.

OU senior Ashley Jackson finished third in the all-around (39.125), behind Florida All-American's Melanie Sinclair (39.425) and Corey Hartung (39.375).

Other Sooner bright spots included runner-up finishes on three of the four events (Jackson - 9.825 on vault, Megan Ferguson - 9.85 on bars and Haley DeProspero - 9.875 on beam).

"I thought we came out a little flat overall," said head coach K.J. Kindler. "In front of a great Florida crowd, I was very proud of some of our newcomers including our bars lineup which included three girls making their career debuts and all hit. We had some uncharacteristic falls from some of our veterans including Hollie Vise and Jackie Flanery, but I'm sure we can learn from this experience and improve as the season progresses."

2009 OKLAHOMA SOONERS

Front Row (Left to Right): Gina Lesko, Haley DeProspero, Megan Ferguson.

Middle Row (L to R): Hailey Wagner, Natalie Ratcliff, Ashley Jackson, Kristin Smith, Natasha Kelley, Julie Kramer and Jessica Kinder.

Back Row (L to R): Melanie Root, Jackie Flanery, Candace Cindell, Mary Mantle, Sara Stone and Hollie Vise.

LAST TWU MEETING

The Sooners defeated TWU in both regular season meetings in 2008. OU swept all four event titles en route to a 196.450-192.800 victory in Denton, Texas, on Jan. 19. The win was bolstered by a career high all-around score of 39.65 by senior Kiara Redmond, who won three of the four event titles (vault-9.9, bars-9.925, floor-9.95) and finished third on beam (9.875) to teammates Haley DeProspero (9.925) and Hollie Vise (9.9).

Oklahoma concluded the sweep of the Pioneers on Feb. 29, winning by a final margin of 195.650-189.350. As it did in its previous meeting of the season, OU won every individual and team event title.

SITTING OUT

K.J. Kindler intends to rest Haley DeProspero from the vault and floor lineup and Jessica Kinder from all events in this weekend's meet, giving the senior duo a chance to recuperate from some minor injuries while allowing other Oklahoma gymnasts a chance to compete for a spot in the event lineup.

Entering the year as a potential all-arounder, DeProspero will compete strictly on bars and beam for the second straight meet. She scored a 9.85 and placed second on beam against the Gators. Kinder will miss the meet while recovering from a strained calf injury suffered earlier this week. The Kansas City, Mo., native hit all four routines in her first collegiate all-around competition at Florida.

TIME TO SHINE

With Kinder sitting out the meet and DeProspero competing just two events, look for junior Mary Mantle (bars and floor) and sophomore Natalie Ratcliff (vault and beam) to take up the slack. Mantle will fill in for DeProspero on bars and floor, along with her usual spot in the vault lineup, while Ratcliff will compete vault and should see her first collegiate action in the six-gymnast lineup on beam. Ratcliff scored a 9.75 (including a 9.85 from one judge) in a beam exhibition routine for the Sooners at Florida.



TENTATIVE OKLAHOMA LINEUP

VAULT

SEASON HIGH

1. Natalie Ratcliff	-
2. Jackie Flanery	9.775
3. Mary Mantle	9.725
4. Melanie Root	9.8
5. Ashley Jackson	9.825
6. Sara Stone	9.8

BARS

SEASON HIGH

1. Haley DeProspero	9.7
2. Mary Mantle	-
3. Melanie Root	9.625
4. Megan Ferguson	9.85
5. Hollie Vise	9.75
6. Ashley Jackson	9.7

BEAM

SEASON HIGH

1. Natalie Ratcliff	-
2. Kristin Smith	9.775
3. Ashley Jackson	9.775
4. Hollie Vise	9.25
5. Megan Ferguson	9.775
6. Haley DeProspero	9.875

FLOOR

SEASON HIGH

1. Megan Ferguson	9.45
2. Mary Mantle	-
3. Kristin Smith	9.825
4. Sara Stone	9.7
5. Ashley Jackson	9.825
6. Jackie Flanery	9.3

ALL-AROUND

SEASON HIGH

1. Ashley Jackson	39.125
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NATASHA KELLEY TO REDSHIRT

OU freshman Natasha Kelley will redshirt the 2009 season after an achilles injury sustained during the fall training period. The Katy, Texas, native is Oklahoma's most heralded recruit since NCAA Champion Kelly Garrison after spending 2004-2008 as a member of the US Elite National Team. The '05 USA Elite Junior National champion (all-around, beam, floor) was also the silver medalist at the 2006 World Championships and '07 American Cup.

MEET THE NEWCOMERS

OU gymnastics fans also will have their first chance to see OU's freshman class of Megan Ferguson, Natasha Kelley, Sara Stone and Hailey Wagner in collegiate action in 2009. While Kelley is redshirting the year after an injury during the fall, Ferguson and Stone are inked into the tentative starting lineup against TWU.

Baylor transfer Julie Kramer also joined the Sooners over the summer and will provide depth to the vault lineup.

OU's 2008-09 recruiting class of Ferguson, Kelley, Stone and Wagner was the sixth-best group in the country, according to a recent CollegeGymFans.com Top-10 Women's Recruiting Classes poll. The Sooners ranked behind No. 1 UCLA and '08 NCAA Championships Super Six squads Georgia (second), Alabama (third), Florida (fourth) and Stanford (fifth). Oklahoma was the only squad from the Big 12 Conference and South Central Region named to the list.

1. UCLA	5. Stanford	9. Washington
2. Georgia	6. OKLAHOMA	10. Kentucky
3. Alabama	7. Utah	
4. Florida	8. Auburn	

THE EXPERIENCE FACTOR

The Sooners welcome back 18 routines from last season's 2008 NCAA Championships. Below is an event-by-event breakdown of returners for the 2009 year that competed in Athens, Ga.

Vault (5): Flanery, Kinder, Jackson, DeProspero, Mantle

Bars (4): Mantle, Jackson, DeProspero, Vise

Beam (4): Kinder, Jackson, Vise, DeProspero

Floor (5): Smith, Kinder, DeProspero, Jackson, Flanery

BOWLING INTO THE NEW YEAR

Although the gymnastics schedule was set months before the bowl lineups were announced, the OU gymnastics squad opened up its season slate with Oklahoma's football bowl opponent for the second straight year. The Sooners squared off with the Gator gymnastics squad on Jan. 9, less than 24 hours after meeting Florida in the BCS National Championship game. Oklahoma and West Virginia met in the second session of the Cancun Classic in their season opener a year ago, a day after OU's football squad faced the Mountaineers in the Fiesta Bowl.

SOONERS TABBED 10TH IN PRESEASON POLL

The reigning Big 12 Champion Oklahoma women's gymnastics team was ranked 10th in the preseason GymInfo Coaches' Poll, the highest ranking of any conference squad. Oklahoma's 525 points in the pre-season poll was one less than ninth-ranked Oregon State. Georgia, winner of the last four national titles, opens the 2009 season as the nation's top team. The Gym Dogs earned 26 of a possible 33 first-place votes, easily distancing themselves from No. 2 Utah (two first-place votes). Florida, UCLA (four first-place votes) and Stanford round out the top five. The Sooners' regular season schedule features events against eight teams ranked in the preseason top-25 poll.

OU IN THE RANKINGS

Week	Rank
Preseason	10
Jan. 12	9
Jan. 19	-
Jan. 26	-
Feb. 2	-
Feb. 9	-
Feb. 16	-
Feb. 23	-
March 2	-
March 9	-
March 16	-
March 23	-
April 6	-
April 13	-
April 20	-

2008 ACCOLADES FOR RETURNING GYMNASTS**Haley DeProspero**

2008 All-Big 12 Team (Regular Season & Championship)
 2008 First-Team Academic All-Big 12
 Big 12 Event Specialist of the Week (3.25.08)
 2008 NACGC All-Academic Scholar

Jackie Flanery

2008 All-Big 12 Team
 2008 Second-Team Academic All-Big 12
 Big 12 Event Specialist of the Week (3.11.08)

Ashley Jackson

2008 All-Big 12 Team (Regular Season & Championship)
 2008 First-Team Academic All-Big 12
 Big 12 Gymnast of the Week (2.5.08)

Jessica Kinder

2008 First-Team Academic All-Big 12
 2008 NACGC All-Academic Scholar

Gina Lesko

2008 NACGC All-Academic Scholar

Mary Mantle

Big 12 Event Specialist of the Week (2.12.08)
 2008 Second-Team Academic All-Big 12
 2008 NACGC All-Academic Scholar

Melanie Root

2008 All-Big 12 Team (Championship)

Kristin Smith

Big 12 Event Specialist of the Week (3.18.08)

Hollie Vise

2008 All-Big 12 Team (Regular Season & Championship)
 Big 12 Event Specialist of the Week (1.23.08)
 Big 12 Event Specialist of the Week (2.19.08)
 Big 12 Event Specialist of the Week (3.4.08)

OKLAHOMA INKS THREE TO 2009 CLASS

Head Coach K.J. Kindler and the Oklahoma women's gymnastics squad announced the signing of three gymnasts to National Letters of Intent on Nov. 12, the first day of the early signing period.

Oklahoma native Bethany Neubauer (Edmond, Okla.), Kayla Nowak (Algonquin, Ill.) and Brie Olson (St. Cloud, Minn.) will join the Sooners next fall.

KIARA REDMOND NAMED TEAM MANAGER

Former OU All-American Kiara Redmond has re-joined the Oklahoma women's gymnastics squad as team manager for the 2008-09 season. The appointment was announced Aug. 8 by head coach K.J. Kindler.

Redmond, one of the most decorated gymnasts in program history, completed her eligibility last May after earning All-America honors on vault, beam, floor and in the all-around at the 2008 NCAA Championships in Athens, Ga.

SHOWING OFF THEIR SMARTS

For the second consecutive season, five members of the Oklahoma women's gymnastics team earned National Association of Collegiate Gymnastics Coaches All-American Scholar Athlete Awards, the NACGC announced Aug. 6.

Haley DeProspero, Caitlin Hinkis, Jessica Kinder, Gina Lesko and Mary Mantle garnered Oklahoma's accolades with Hinkis and Kinder both earning perfect 4.0 GPA's for the academic year. The pair was the only gymnasts in the Big 12 to notch 4.0's during both semesters.

OU recorded a team GPA of 3.25 for the year, up from last season's 3.20.

WISE AND COMPANY NAMED TO USAG HALL OF FAME

University of Oklahoma gymnast Hollie Vise was named to the 2008 class of inductees for the USA Gymnastics Hall of Fame as part of the 2003 U.S. Women's World Championships Team, in a ceremony on June 22nd in Philadelphia, Pa., in conjunction with the U.S. Olympic Trials.

The 2003 World Champion on bars, Vise was a member of the '03 squad that claimed the USA's first world team title.

An International Elite gymnast since the age of 11, Vise was a two-time National Champion on bars and balance beam and won a silver medal in the all-around at the same competition on three occasions.

A member of the U.S. National Team for six years, the Dallas, Texas, native won two bronze medals at the 2001 Goodwill Games in Australia.

A LOOK BACK AT LAST YEAR

Last season proved to be a storybook year for OU women's gymnastics as the team cemented itself as one of the program's all-time best. Etching its name in the record books on multiple occasions, the Sooners clinched their first Big 12 title since 2004 in dramatic come-from-behind fashion and placed eighth at the NCAA Championships - tying the '07 squad for the best finish in program history at the season-ending event.

OU made its fifth-straight NCAA Championships appearance, adding to its program-record streak. Prior to the current five consecutive showings, the Sooners hadn't been in the field in back-to-back seasons in the 27-year history of the program.

The Sooners claimed a conference-leading nine spots on the 2008 Gymnastics All-Big 12 Team. The Big 12 Conference awarded the top four Big 12 gymnasts with the highest regional qualifying score (RQS) in each event, excluding the all-around. Leading the way for OU was Kiara Redmond who earned a spot on vault, uneven bars, beam and floor exercise. The Los Angeles, Calif., native was the only Big 12 gymnast to garner four accolades.

Vise was also a multiple winner, clinching a spot on both uneven bars and beam. Leading the Big 12 on beam (9.895), DeProspero was named to the beam team while Jackie Flanery and Ashley Jackson were honored for their efforts on floor.

SEASON HIGHS

NAME	VAULT	BARS	BEAM	FLOOR	ALL-AROUND
Candace Cindell	-	-	-	-	-
Haley DeProspero	-	9.7	9.875	-	-
Megan Ferguson	-	9.85	9.775	9.45	-
Jackie Flanery	9.775	-	-	9.3	-
Ashley Jackson	9.825	9.7	9.775	9.825	39.125
Natasha Kelley	-	-	-	-	-
Jessica Kinder	9.725	9.725	9.725	9.7	38.875
Julie Kramer	-	-	-	-	-
Gina Lesko	-	-	-	-	-
Mary Mantle	9.725	-	-	-	-
Natalie Ratcliff	-	-	-	-	-
Melanie Root	9.8	9.625	-	-	-
Kristin Smith	-	-	9.775	9.825	-
Sara Stone	9.8	-	-	9.7	-
Hollie Vise	-	9.75	9.250	-	-
Hailey Wagner	-	-	-	-	-

CAREER HIGHS

VAULT	BARS	BEAM	FLOOR	ALL-AROUND
-	-	-	-	-
9.925	9.9	9.925	9.9	39.425
-	9.85	9.775	9.45	-
9.85	9.825	-	9.9	-
9.9	9.85	9.9	9.9	39.275
-	-	-	-	-
9.825	9.725	9.85	9.85	38.875
-	-	-	-	-
-	-	-	-	-
9.9	9.8	-	9.8	-
9.8	-	-	-	-
9.875	9.625	-	9.75	-
-	-	9.925	9.85	-
9.8	-	-	9.7	-
-	9.9	9.9	-	-
-	-	-	-	-

**HALEY DEPROSPERO FINISHED SECOND ON BEAM IN OU'S
SEASON OPENER AT FLORIDA WITH A SCORE OF 9.85.**

OU TEAM RECORDS

Event	Score	Date Set
Total.....	197.725	March 14, 2003
Vault.....	49.575	March 02, 2002
Bars.....	49.550	March 14, 2003
Beam.....	49.675	March 14, 2003

OU INDIVIDUAL RECORDS

Event	Score	Gymnast, Date Set
All-Around.....	39.700	Kasie Tamayo, 2004
Vault.....	10.0	Kiara Redmond, 2008 (Also set three other times)
Bars.....	10.0	Erin LaBarr, 2005 Allison Landis, 2003
Beam.....	10.0	Kasie Tamayo, 2002 Kelly Garrison, 1988
Floor.....	10.0	Patricia Aoki, 2003


2009 SEASON BESTS (INDIVIDUAL)

All-Around: 39.125 - Ashley Jackson (1/9)
 Vault: 9.825 - Ashley Jackson (1/9)
 Bars: 9.85 - Megan Ferguson (1/9)
 Beam: 9.875 - Haley DeProspero (1/9)
 Floor: 9.825 - Ashley Jackson and Kristin Smith (1/9)

2009 SEASON BESTS (TEAM)

Team Total: 195.075 (Florida - 1/9)
 Vault: 48.925 (Florida - 1/9)
 Bars: 48.725 (Florida - 1/9)
 Beam: 48.925 (Florida - 1/9)
 Floor: 48.500 (Florida - 1/9)

BOOMER SOONER

2009 SCORING BREAKDOWN

DATE	MEET	TEAM	TEAM SCORE	VAULT	BARS	BEAM	FLOOR
1/9	@Florida	OU UF	195.075 196.500	48.925 49.125	48.725 48.950	48.925 49.250	48.500 49.175
1/17	@Texas Woman's	OU TWU					
1/26	ARKANSAS	OU UA					
1/30	MINNESOTA	OU UM					
2/8	@Nebraska	OU NU					
2/14	@Denver	OU DU					
2/20	BROWN/MISSOURI/WEST VIRGINIA	OU BU MU WVU					
2/27	@Iowa State	OU ISU					
3/6	TWU/ILLINOIS STATE	OU TWU ISU					
3/13	@Alabama	OU UA UNC					
3/21	Big 12 Championships	OU ISU NU MU					
4/4	NCAA Regional Championships	TBA					
4/17-19	NCAA Championships	TBA					

CANDACE CINDELL

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	-	-	-	-	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

HALEY DEPROSPERO

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	-	9.7	9.85	-	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

MEGAN FERGUSON

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	-	9.85	9.775	9.45	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

JACKIE FLANERY

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	9.775	-	-	9.3	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

ASHLEY JACKSON

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	9.825	9.7	9.775	9.825	39.125
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

NATASHA KELLEY

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	-	-	-	-	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

JESSICA KINDER

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	9.725	9.725	9.725	9.7	38.875
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

GINA LESKO

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	-	-	-	-	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

MARY MANTLE

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	9.725	-	-	-	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

NATALIE RATCLIFF

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	-	-	-	-	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

MELANIE ROOT

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	9.8	9.625	-	-	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

KRISTIN SMITH

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	-	-	9.775	9.825	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

SARA STONE

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	9.8	-	-	9.7	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

HOLLIE VISE

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	-	9.75	9.25	-	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

HAILEY WAGNER

Date	Event	Vault	Bars	Beam	Floor	AA
1.09	@Florida	-	-	-	-	-
1.17	@TWU	-	-	-	-	-
1.26	ARKANSAS	-	-	-	-	-
1.30	MINNESOTA	-	-	-	-	-
2.08	@Nebraska	-	-	-	-	-
2.14	@Denver	-	-	-	-	-
2.20	BROWN/MU/W. VA	-	-	-	-	-
2.27	@Iowa State	-	-	-	-	-
3.06	TWU/ILLINOIS STATE	-	-	-	-	-
3.13	@Alabama	-	-	-	-	-
3.21	Big 12 Championship	-	-	-	-	-
3.22	@Minnesota	-	-	-	-	-
4.04	NCAA Regional	-	-	-	-	-
4.17	NCAA Championship	-	-	-	-	-

VAULT

While Oklahoma led the NCAA South Central Region last season with a vault regional qualifying score (RQS) of 49.180, Kindler and the Sooners expect that average to rise in 2009. Depth will prove the biggest factor for improved scores on the apparatus this season as OU lost only one vaulter to graduation (Kiara Redmond). The combination of several veteran vaulters and a talented crop of newcomers pushes the Sooner tally to a minimum of 12 vaulters competing with a 10.0 start value.

The boost in numbers gives the staff an opportunity to choose the most dynamic vaults for scoring and consistency purposes, allowing Kindler the ability to test fresh faces on the apparatus as well as challenge potential all-arounders to earn their starting spot.

Top returners on vault include Ashley Jackson, Haley Deprospero, Jessica Kinder, Jackie Flanery, and Mary Mantle, while the group of newcomers includes Sara Stone. Other veterans on the scene include Melanie Root and Kristin Smith, who are both competing yurchenko fulls. Root saw action on vault in five meets last season and is looking for a more consistent position in the lineup this spring. Hailey Wagner, Julie Kramer and Natalie Ratcliff have shown great improvements in the gym and will have the opportunity to contribute when called upon. Kramer, a transfer from Baylor University, was a power tumbler and trampolinist and has made the transition to collegiate gymnastics.

"Our goals on vault are to improve both our scoring potential and 'sticking' of our vaults," said Kindler. "We expect our ranking to rise on this event due to a combination of increased potential and added depth over last season."

BARS

New faces will be seen on this event after the graduation of three strong contributors last season. The Sooners will need to replace Caitlin Hinkis, Stephanie LoPiccolo and Kiara Redmond, who all completed their eligibility in 2008.

The trio will be replaced by sophomore Melanie Root and freshman Megan Ferguson.

Root has redesigned her routine to highlight a sky-high tkatchev and a textbook double-front dismount.

Ferguson, a surprise on this event, has learned numerous skills (jaeger and full-in dismount) and combinations (giant full to overshoot handstand) and has solidified her position in the lineup.

Veterans to watch for include World Champion and 2008 Big 12 event champion Hollie Vise, Haley DeProspero, Jackie Flanery, Ashley Jackson, Jessica Kinder and Mary Mantle.

"Our goal on bars is simple...hit, hit, hit," said Kindler. "In preseason workouts, we saw a huge increase in our hit percentage. The athletes are also performing more difficult dismounts which was one of our training goals."

BEAM

Coach Kindler preached consistency on beam heading into the offseason and the veterans listened, as the group proved to be very seasoned on this event throughout the training period.

Last season, Haley Deprospero sealed a "perfect" record on balance beam, sticking 14-of-14 routines. Teammate Hollie Vise was not far behind, missing just one routine the entire season.

Jessica Kinder also proved to be a key member of the Sooner beam lineup last year, stepping in to replace the injured Ashley Jackson at Missouri and hitting every routine the remainder of the season.

These three athletes provide a solid foundation on the apparatus.

Expect freshmen Megan Ferguson to be slotted in as an immediate contributor in 2009. Ferguson, crowned the Junior Olympic National Champion on beam in 2006 and 2007, will truly mesmerize with her unique routine and difficult tumbling.

Jackson has increased her difficulty and ends her routine with an impressive double tuck salto while Smith added a three-part flight series to her routine, while continuing to make an impact with her exceptional dance.

Depth will also be provided by returnees Candace Cindell, Jackie Flanery, Natalie Ratcliff, Melanie Root, and freshman Sara Stone.

"I felt that last season a slight misstep here and there kept us from being a really good beam squad," said Kindler. "During our training, we have preached a high hitting percentage while working on increased difficulty in our routines."

FLOOR

One of the strongest events for the Sooners a year ago, floor exercise appears to be another key asset for Oklahoma in 2009 after losing only Kiara Redmond to graduation from last season's lineup.

Returning crowd favorites include senior Ashley Jackson and junior Jackie Flanery, who will once again thrill the crowd with their showboating choreography and quick and powerful tumbling. Flanery, ranked second among all returning Big 12 gymnasts on the apparatus with a season RQS of 9.875, has upgraded her passes from last season in search of a Big 12 title on this event.

Other returners include Jessica Kinder, Haley DeProspero and Kristin Smith. All three are expected to be staples in the lineup for OU.

Smith, noted for her long lines and unique dancing abilities, will be solid, while DeProspero and Kinder plan to end their routines with double salto dismounts - tucked and piked, respectively, which will set them apart from the competition.

Other contributors will include Sara Stone, Megan Ferguson, Mary Mantle and Melanie Root.

"We have worked tirelessly on increasing our skill level on this event over the training period," said Kindler. "Heading into the season, we feel as though we can be a top-five team in the country on floor."

SEASON EVENT OUTLOOK

K. KINDLER

HEAD COACH | THIRD SEASON
2008 BIG 12 COACH OF THE YEAR



Just two seasons in at the reins of the Oklahoma women's gymnastics squad, 2008 Big 12 Coach of the Year K.J. Kindler has already stamped an indelible mark on the Sooner program. For the second straight year, Kindler guided OU to its *highest ever finish*, posting the *most wins* in program history and recording the *best winning percentage* of any Sooner squad along the way.

Named head coach of the Sooners in the summer of 2006, Kindler has quickly positioned the OU squad among the nation's elite, as the Sooners have finished eighth at the NCAA Championships the last two years.

Last season proved to be a storybook year for the Sooners under Kindler, as OU won its first 21 meetings of the season (the only squad in the country to win all of its regular season contests) en route to the program's first Big 12 title since 2004.

Under the direction of Kindler, OU made its fifth straight NCAA Championships appearance in 2008, adding to its program-record streak. Prior to the current five consecutive showings, the Sooners hadn't been in the field in back-to-back seasons in the 27-year history of the program.

Kindler's last four collegiate squads have qualified for the NCAA Championships, while every squad of her head coaching tenure has advanced to NCAA regional competition.

Oklahoma gymnasts have flourished under the 2005 National Association of Collegiate Gymnastics Coaches/Women (NACGCW) Coach of the Year, as Oklahoma produced a conference-leading nine spots on the 2008 regular season All-Big 12 Team.

OU recorded only two scores lower than 9.8 in the final three events of the '08 conference championship as the Sooners clinched at least a share of all four individual event titles - marking just the third time in Big 12 history that a school clinched at least a share of all four apparatus wins.

Hollie Vise and Haley DeProspero won titles on bars and beam, respectively, as the pair both recorded scores of 9.9 in their event wins. Kiara Redmond won the other two titles, taking home the vault win with her 9.95 and the floor exercise title after a score of 9.9.

Following OU's come-from-behind heroics in the conference championship, Kindler was named Big 12 Coach of the Year for a fourth time, while Redmond garnered Big 12 Gymnast of the Year honors.

The Sooners have produced at least one All-American in each season under Kindler's tutelage, as Redmond capped off her illustrious career with four additional All-America honors in 2008, moving her career total to nine - the highest tally of any gymnast in program history.

Kindler serves as the primary coach for the balance beam and also choreographs the beam and floor exercise routines. The Sooners ended the 2008 season with an regional qualifying score (RQS) of 49.195 on beam, tops in the Big 12 and sixth best in the NCAA. OU had three of the top four individual RQS in the conference on the apparatus, including DeProspero's Big 12-leading RQS of 9.9, which ranked fifth in the country. Oklahoma gymnasts took home 12 individual event titles on beam in 2008, led by DeProspero's nine event wins.

Always emphasizing academics, Kindler's squads have regularly placed its gymnasts on the Big 12 All-Academic teams and the NACGC All-Academic squads.

For the second consecutive season, five members of the Oklahoma women's gymnastics team earned NACGC All-Academic honors, led by Caitlin Hinkis and Jessica Kinder, both of whom posted perfect 4.0 GPAs.

▶▶▶ KINDLER PROFILE

EDUCATION

- B.A. Communications/Spanish minor (Iowa State, 1992)

COACHING EXPERIENCE

- Head Coach (Oklahoma, 2006-Present)
- Head Coach (Iowa State, 2001-2006)
- Assistant Coach (Iowa State, 1992-2001)

CAREER COACHING HIGHLIGHTS

- Led OU to program-best eighth place finish at 2007 and '08 NCAA's
- Named 2008 Big 12 Coach of the Year
- Guided OU to 2008 Big 12 Championship crown
- Only squad to post undefeated regular season in 2008 (18-0)
- Led Sooner beam squad to the top RQS in the Big 12
- OU beam team won 12 individual event titles in 2008
- Oklahoma gymnasts earned four All-America honors in 2008
- Guided Sooners to four event titles at 2008 Big 12 Championship
- Led OU to four individual event crowns at '08 Big 12 Championship
- Coached 2008 Big 12 Gymnast of the Year Kiara Redmond
- Led Iowa State to the program's first Super Six in 2006
- Won 2006 Big 12 Championship with Iowa State
- Produced three All-Americans in three seasons (2000, 2005, 2006)
- 2004 and 2006 NCAA Regional Coach of the Year
- Four-time Big 12 Coach of the Year (2004, 2005, 2006, 2008)
- 2005 NACGCW Coach of the Year
- Coached eight NCAA Regional event champions
- Qualified 11 gymnasts for the NCAA individual championships
- Coached 22 Big 12 champions (including three all-arounders)

ATHLETIC HIGHLIGHTS (IOWA STATE)

- Three-time team MVP
- 1992 Big Eight all-around runner-up
- Qualified for three NCAA Regionals
- First individual regional qualifier in program history

The pair were the only gymnasts in the Big 12 to notch 4.0 GPAs during both semesters. Six OU gymnasts were named to the 2008 Academic All-Big 12 Gymnastics Team, including four first-team members.

Prior to her hiring at OU, Kindler spent six seasons as the head coach at Iowa State.

"We are dedicated to filling our staff with the best and brightest minds in coaching," said OU Athletics Director Joe Castiglione, upon Kindler's hiring. "K.J. Kindler brings a reputation of great achievement in all aspects of leading a program."

"She impressed us not only with her accomplishment to this point, but with her lofty goals for the future and her plan for reaching those goals. We are thrilled to work with K.J. and her staff as we pursue championships."

Kindler's 2006 season culminated with Iowa State's third trip to the NCAA National Championships and its first appearance among the Super Six (teams that qualify from the preliminaries to compete for the national title).

The 24-10 Cyclones produced three All-Americans for a second consecutive season, while posting an undefeated mark at home, a 10-1 dual record and an 8-1 standard in duals against ranked opponents. The team also snapped Nebraska's 60-meet home winning streak.

The 2006 squad won its first Big 12 Championship since 2000, and three Cyclone gymnasts earned either an outright or a share of individual titles at the meet.

Since she took over head coaching duties at ISU in 2001, Kindler coached eight regional event champions, 11 NCAA individual championship qualifiers and 18 Big 12 champions (three all-arounders).

Kindler, an Iowa State graduate, joined the Cyclone staff as an assistant coach in 1992.

As an ISU gymnast, she was a three-time MVP for the Cyclones and runner-up in the all-around at the 1992 Big Eight Conference Championship. She was the school's first individual NCAA Regional qualifier, competing three times in the postseason meet.

Kindler hails from Lake Elmo, Minn., and trained under Mary Jane Olsen at Hamline University in St. Paul. In high school, she moved to Connecticut and trained under Frank and Laurie DeFrancesco at Arena Academy in Stamford and Walter Hawkes at Wilton High School. In Connecticut, she won many conference and state titles.

The eldest of five siblings, Kindler hails from a gymnastics family. One sister, Lori, competed at the University of Minnesota. She and her husband own and operate Flips Gymnastics in the Twin Cities area. Kindler's nieces, Emma and Lucy Kindler, enjoy recreational gymnastics.

Kindler is married to OU assistant coach Lou Ball. The couple has two daughters, Maggie (2), and Adelaide born in September of 2008.

- ▼ Kindler and husband, Lou Ball, welcomed the birth of their
 ▼ second daughter, Adelaide, in September of 2008. She joins
 ▼ sister Maggie Grace (2) in the Ball family, who reside in Norman.

